AMERICAN SINUS INSTITUTE

**SCORE:** *(office use only)*

# *Want to know if Balloon Sinuplasty* IS RIGHT FOR YOU?

The following questionnaire is intended to help define your symptoms and provide valuable information and insights for your doctor. **Answer the questions; rating to the best of your ability, the problems you experience on your WORST day of symptoms.**

Patient Name: _____ Date: _____

## Sino-Nasal Outcome Test (SNOT-22)

| 1. Consider how severe the problem is when you experience it and how frequently it happens, please rate each item below on how "bad" it is by circling the number that corresponds with how you feel.<br>2. Please mark the most important items affecting your health (maximum of 5 items). | No Problem | Very Mild Problem | Very Mild or Slight Problem | Moderate Problem | Severe Problem | As Bad As It Can Be | | 5 Most Important Items |
|---|---|---|---|---|---|---|---|---|
| **1. Need to blow nose** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **2. Nasal obstruction (blockage)** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **3. Sneezing** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **4. Runny nose** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **5. Cough** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **6. Post-nasal drip** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **7. Thick nasal discharge** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **8. Ear fullness** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **9. Dizziness** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **10. Ear pain** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **11. Facial pain/pressure** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **12. Decreased sense of smell or taste** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **13. Difficulty falling asleep** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **14. Wake up at night** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **15. Lack of sleep** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **16. Wake up tired** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **17. Fatigue** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **18. Reduced productivity** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **19. Reduced concentration** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **20. Frustrated/ restless/ irritable** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **21. Sad** | 0 | 1 | 2 | 3 | 4 | 5 | | O |
| **22. Embarrassed** | 0 | 1 | 2 | 3 | 4 | 5 | | O |

# AUTHORIZATION FOR THE RELEASE OF MEDICAL RECORDS

*(PATIENT OR IF MINOR, PARENT/LEGAL GUARDIAN)*

I, _____ _____ _____,
First Name Middle Initial Last Name

DOB _____, Social Security# _____, Phone# _____

Address_____ City_____ State _____ Zip _____,

Hereby Authorize, (Primary Care Dr) _____ Phone # _____

(Allergist) _____ Phone # _____

(Other) _____ Phone # _____

to release to American Sinus Institute Phone# 210-225-5666 Fax# 210-561-8892

the following medical information within my medical records regarding my medical care and/or treatment. I understand federal regulations prohibit and further disclosure of my medical records without my specific written authorization of as other permitted by such regulations. This authorization shall remain in effect from the date signed and shall remain in effect until such notice is given in writing to revoke such authorization. A copy of this written authorization shall be considered as effective and as valid as the original.

## INFORMATION HEREBY AUTHORIZATION TO BE RELEASED

_____ Complete Medical Records (All)

_____ Complete Medical Records From _____ to _____

_____ Laboratory Report(s)

_____ Xray/Imaging Report(s)

_____ Audio, Rast, ENG, &/or ABR Report(s)

_____ Surgical Report(s)

_____ Other (Specify)

_____

**Physician Request: NO Charge Insurance Request: NO Charge**

**Personal Use: 1-20 pages $25.00 charge** _____ ***Initials*** **$0.30/page thereafter** _____ ***Initials***

_____
Printed Name

_____
Date

_____
Signature

**6363 De Zavala Ste 200**
**San Antonio, Texas 78249**
**Phone# 210-225-5666 Fax# 210-561-8892**

# AMERICAN SINUS INSTITUTE

**RM #:**_____ **SNOT SCORE:**_____

**Patient Name:** _____ **Date:**_____

**DOB:** _____

***Staff Use Only :*** HR:_____
Ht:_____ O2:_____
Wt:_____ B/P:_____
Allergies:

**Circle The Answers That Apply:**

Do you suffer from Allergy Symptoms?
Sneezing/Coughing Sore Throat Post Nasal Drip(*Drainage to Throat*)
Itchy/Watery Eye Burning/Dryness of the Eye

Do you experience Headaches? YES NO
Do you experience: Sinus Pressure/Pain? YES NO
(*Pressure or Pain to the Face*)
Thick Nasal Discharge? YES NO
Runny Nose? YES NO
Nasal Congestion? (*Stuffy Nose*) YES NO
Are you a Mouth Breather? YES NO
Do You Snore? YES NO
Do you feel you sleep well at night? YES NO
Are you tired when you wake up? YES NO
Diagnosed with Sleep Apnea? YES NO

Do you have trouble with smell? YES NO
Do you have trouble with taste? YES NO
Do you suffer chronic bad breath? YES NO
Do you have Ear Complaints?
Ear Pain Ear Popping Ear Fullness Muffled Sound Ear Ringing
Ear Pressure Ear Drainage Decreased Hearing Dizziness

Have you had Sinus Surgery in the Past? YES NO
If So, What Year? _____
Have you ever been seen by an Allergy DR? YES NO
If So, What year?_____
Have you ever been Allergy Tested? YES NO
How many years have you suffered with Sinus Problems? _ _____
How many Sinus Infections do you get a year? _____

What Medications are you **currently on or taken in the past**?
Allegra Zyrtec Claritin Nasonex Flonase Dymista Nasacort
Steroid Injections Oral Steroids Singulair Sinus Rinses Afrin

Which Antibiotics (if any) have you been on for Sinus Infections?
Augmentin Levaquin Amoxicillin Azithromycin(Z-pak) Cefdinir
Doxycycline Bactrim

Medical Problems: Heart Lungs Kidneys Liver Diabetes
HIV None of the Above

Tx: Shots/Drops How Long?
Recommended: Y or N

Do You See A Specialist? Cardiologist Endocrinologist Pulmonologist Hematologist Oncologist

Pharmacy: _____Address:_____Phone:_____